

Breast

Support Group



Breast Support Group is coordinated and facilitated by trained oncology nurses from the Oncology Nursing Division of the National University Cancer Institute, Singapore (NCIS). It was established in 2001.

OUR MISSION

The Breast Support Group aims to reach out to breast cancer patients and breast cancer survivors. Through the sharing of experiences and interaction amongst patients and survivors, the Breast Support Group hopes to provide knowledge, support and comfort for patients who may have problems coping with the cancer and its side effects.

Breast Support Group

- was started in 2001 at The Cancer Institute (TCI), the former National University Cancer Institute, Singapore (NCIS)
- is made up of survivors, patients, their primary caregivers and NCIS nurses.
- is open to patients affected by Breast cancer

We offer support and encouragement as well as a wide range of activities, talks and information.

WHAT WE HAVE TO OFFER

- Provide information and support to patients and caregivers to cope with illness and treatment
- Allow for opportunities to listen to others, share personal experiences, encourage one another and feel encouraged
- Sharing and updating of knowledge of current treatments, coping strategies and rehabilitation
- Increase patients and caregivers' bonding, and access with other cancer survivors

About NCIS

The National University Cancer Institute, Singapore (NCIS) aims to be a leading, comprehensive cancer centre dedicated to the prevention, management and cure of cancer. With our patients being the focus of all our programmes, NCIS strives to deliver only the best.

Besides providing outstanding patient care, NCIS believes that providing encouragement and support in the fight against cancer goes a long way.

Support Groups at NCIS include:

- Breast Support Group
- Gynaecologic Oncology Patients Support Group (TEAL)
- Haematopoietic Progenitor Cell Transplant (HPCT) Support Group
- NPC oneHeart Support Group



OUR ACTIVITIES

Meetings to facilitate sharing among patients, doctors and caregivers.

Year end gatherings and fringe activities like excursions to farms and karaoke sessions are organized to create informal sharing sessions and to promote interaction between members.



WHERE & WHEN DO WE MEET?

CONTACT US

Although there are no fixed meeting dates or venues, the group regularly meets up through gatherings and events. To find out about upcoming events, contact us at the details listed below.



+65 9722 0569



CancerLineNurse@nuhs.edu.sg



**National University
Cancer Institute, Singapore**

**National University
Cancer Institute, Singapore (NCIS)**

1E Kent Ridge Road,
NUHS Tower Block, Level 7,
Singapore 119228
www.ncis.com.sg



National University Hospital

5 Lower Kent Ridge Road,
Singapore 119074
www.nuh.com.sg